THE WORK OF THE SPHERE

Over the course of each academic session, the following supports are available, as a minimum, for our young people to access:

- Enhanced Transition
- Nurture Groups
- Individual sessions
- Anxiety Management coaching
- MHWB support
- Interval & lunchtime drop ins
- Gardening groups
- Support in classes

WHAT OUR YOUNG PEOPLE SAY...

The Sphere has helped with my sensitivity, my mental health and my ability to talk in groups and ignore annoyances.

I am more confident asking for help in my classes

It helps me learn to not explode when someone bugs me

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Over the years ive changed a lot for the better.

The Sphere has helped me learn how to control my anger

I am more confident talking to new people

Nurture @ The Sphere



#believeinbetter





CONTACT INFORMATION

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IRVINE ROYAL ACADEMY



Ambition - Respect - Responsibility

WHAT DOES NURTURE LOOK LIKE IN IRAC?

Nurture underpins all we do in Irvine Royal Academy and permeates throughout the school building.

In Irvine Royal Academy, we understand and value the impact that nurturing approaches can have on our young people we have embedded these principals across our whole school community.

We also have targeted support for identified young people and nurture groups are used within the BGE to support these young people fully.

6 PRINCIPALS OF NURTURE

- Children's learning is understood developmentally.
- The classroom offers a safe base.
- We understand the importance of nurture for the development of well-being.
- We know that language is a vital means of communication.
- We acknowledge the importance of transition in the lives of children.
- We understand that all behaviour is a form of communication.

WHAT SHOULD YOU EXPECT?

Staff within The Sphere ensure that each young person is at the heart of the planning process. Their views are so important to ensuring their success as are the views of their parents/carers.

Staff work collaboratively with colleagues across the wider school and as part of the Integrated Support Team, to look at further supports that may be needed to ensure barriers are addressed and each young person achieves.

This will enhance the learning experience for our young people.



Kathy Schofield

Kathy is our Nurture Teacher within the Sphere and is responsible for the coordination and delivery of the Nurture curriculum.

Simone Welsh

Simone is our Nurture Classroom Assistant supporting young people in The Sphere and across the wider school.





ZONES OF REGULATION



OUR NURTURE NON-NEGOTIABLES

- All Irvine Royal Academy pupils will feel welcomed and loved.
- We understand that the way we speak and the words we use are important.
- We endeavor to make the changes within our classrooms which can positively affect behaviour and learning.