



## BGE SUBJECT OVERVIEW NOV-DEC 2020

### DATES AND DEADLINES

SUBJECT	November	December	January
<b>Physical Education S1</b>	All PE classes will be working on a 4 week outdoor Team Game block of <b>Rugby, Football &amp; Hockey</b> . Pupils will be developing balance & control and decision making.	Each S1 class, will do Badminton, Fitness, Gymnastics and volleyball between December and May. They will do these activities in rotation for 5 weeks. Each class will do these activities in a different order.	<b>Badminton &amp; Volleyball</b> – Coordination & Fluency and Determination and Resilience <b>Gymnastics</b> – Balance & control and creativity. <b>Fitness</b> – Physical Fitness & Motivation
<b>Physical Education S2</b>	All PE classes will be working on a 4 week outdoor Team Game block of <b>Rugby, Football &amp; Hockey</b> . Pupils will be developing gross and fine motor skills and communication.	Each S2 class, will do Badminton, Fitness, Gymnastics and volleyball between December and May. They will do these activities in rotation for 5 weeks. Each class will do these activities in a different order.	<b>Badminton &amp; Volleyball</b> – Speed and decision making <b>Gymnastics</b> – Rhythm and timing and confidence and self-esteem <b>Fitness</b> – Physical Fitness and Leadership.
<b>Physical Education S3</b>	All PE classes will be working on a 4 week outdoor Team Game block of <b>Rugby, Football &amp; Hockey</b> . Pupils will be developing creativity and coordination and fluency.	Each S3 class, will do Badminton, Fitness, Gymnastics and volleyball between December and May. They will do these activities in rotation for 5 weeks. Each class will do these activities in a different order.	<b>Badminton &amp; Volleyball</b> – motivation and Gross and fine motor skills <b>Gymnastics</b> – Kinaesthetic awareness and Physical Fitness. <b>Fitness</b> - Focus & Concentration and determination & Resilience

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